

Cotton Eye Joe Routine:

Designed by: Jumping for Joy Team

Song: Cotton Eye Joe

Heel heel (right)

heel heel (left)

toe toe (right)

toe toe (left)

heel-toe (right)

heel-toe (left)

heel cross (right)

heel cross (left)

one two double bounce

one two double bounce

heel click

heel click

180 turn and back

360 turn

Irish jig right

Irish jig left

180 turn

360 turn

Irish jig right

Irish jig left

heel cross right

heel cross right

slide-slide-slide

heel cross left

heel cross left

slide-slide-slide

one two double bounce (move up)

one two double bounce (move back)

cross legs both sides

criss-cross arms both sides

side swing until song restarts

repeat routine